

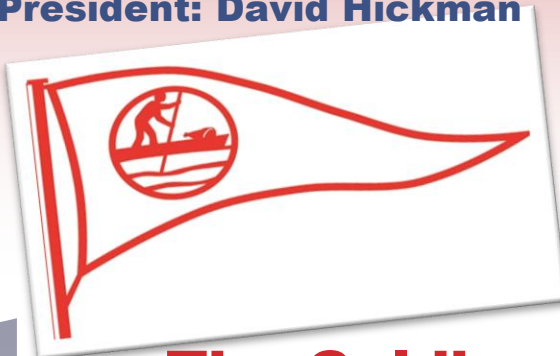
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# COLDHAM CHRONICLE

**Coldham Hall Sailing Club Est. 1951**

***'The Heart of Sailing in the Yare Valley'***

**President: David Hickman**



## Club Officers

**Commodore:** Gary Corbett  
[mooringsecretary@coldhamhallsailingclub.co.uk](mailto:mooringsecretary@coldhamhallsailingclub.co.uk)

**Vice - Commodore:** David Taitt  
[david.taitt@gmail.com](mailto:david.taitt@gmail.com)

**Rear Commodore:** Vacant

**Secretary:** Emma Crowfoot  
[ejcrowfoot@gmail.com](mailto:ejcrowfoot@gmail.com)

**Treasurer:** David Woolston  
[woolston546@btinternet.com](mailto:woolston546@btinternet.com)

**Race Officer:** Ben Adams  
[tobenadams6@gmail.com](mailto:tobenadams6@gmail.com)

**Social Secretary:** Judith Robertson  
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**Bosun:** David Taitt  
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[www.coldhamhallsailingclub.co.uk](http://www.coldhamhallsailingclub.co.uk)



Coldham Hall Sailing Club



Yare Navigation Race



CHSC Triple B Dinghy & Keel Boat Race

## The Coldham Chronicle

As we approach the end of the month, the summer sailing season is past midway, it's time to write a few notes for our Chronicle. We receive some lovely positive comments keeping you informed, a record of events for years to come and other bits and pieces you may be interested in or can make use of, this month is no different, so heads down here we go.

Many of us have been able to enjoy and take part either sailing, paddling or both, the change in the weather with warmer temperatures and certainly dryer days is what we've been waiting for, we are fortunate on the east coast with our rain fall, other parts of the country certainly take a bashing, who saw the Olympic Opening Ceremony, what a downpour and they blamed us, I'll park that one.

This month we report on the Club Regatta held on the 7<sup>th</sup> July which featured the important unveiling of the new CHSC Honours Board detailing our history makers since 1951, including Presidents and Commodores, along with race highlights and trophy winners.

The Try Sailing sessions have come to an end this month, we report on our mid-season BBQ which was a great evening with over 60 in attendance and a great feast.

Thursday evening social sailing continues; a chance for boat owners to enjoy more hours on the water and new members to gain more 'water-time' and experience, some aiming to achieve club Wayfarer Competency, allowing them to hire the Wayfarer club boats.

Tuesday evening paddles continues to grow in numbers, the water warming up with a gentle evening breeze making conditions perfect, away from the club a couple of paddle stories.

Have you heard a bird call you can't recognise, we help you with that.

Our next club event is the Yare Navigation Race on Saturday 14<sup>th</sup> September



Committee meeting of Monday 8<sup>th</sup> July 2024

**Commodore.** Ongoing from June keep an eye on Clubhouse roof for any leaks. Check if Planning Permission is required to change roof materials. Continue pushing UK Power for repair to car park. Klargest. contractor looking at feeding outlet into dyke.

**Secretary.** Oulton Broad Watersports Centre are looking to recruit more instructors – will be put on Club Facebook page. Request from one member for individual sailing tuition for a child. They have been advised of members and other clubs that can do training. The Commodore will represent the club at Johnathan Flatman's funeral Thursday 11<sup>th</sup> July. Emma will attend Horning Sailing clubs rules evening and advise any relevant information.

**Treasurer.** New applications, 1 x family paddle, and storage if a canoe. Approved.

**Bosun.** No Report.

**Race Officer-** No report – reminder from Commodore that if there are ten or more boats on the Start line then the rules state this will always be a split start and applies to all types of racing including regattas.

**Social Secretary** – The Feathers has now been booked for January's Presentation Dinner. To be held on Saturday 18<sup>th</sup> January 2025. Details to follow. Amanda will arrange for purchase and collection of meat etc. for the BBQ on the 18<sup>th</sup>

## Upcoming Events 2024

### September

Saturday 14th	Yare Navigation Race
Sat/Sun 21/22	CHSC/Waveney OD

### October

Saturday 12th	Triple B race
Sunday 20th	Commodores Day
Sunday 27th	Winter Downriver Series starts

### December

Wednesday 4th	Annual General Meeting
Sunday 15th	Christmas Pudding Race

The above list is correct at time of going to press but may be subject to change throughout the year. A full list of all racing and social events for 2024 are shown on the club website.

### AOB

**Paddling section.** Try Sailing going well. A couple of the attendees are ready for competency accreditation. Recent incident regarding late return was lesson learnt that all boats need to be accounted for before putting the safety boat away.

**YNR sub-committee.** 14<sup>th</sup> September 2024, Request for Marshall to assist with event. Shanty singers will sing at Tavern in evening.

**CHSC Committee.** The committee are looking for volunteers especially Flag Officers for 2025 season.

There will be no committee meeting in August unless deemed necessary. Next meeting will therefore be Monday 9<sup>th</sup> September 2024

## Coldham Hall Sailing Club Honours Board.

The committee acknowledged that other than the club's web page and the annual White Book we have not recognised the many important people who formed our club back in 1951 and over the years steered it to where it is today, yes, admittedly there are many who we all say 'thank you' too, members who in the background have undertaken a lot of hard work and sweat at times be it on land on the water or behind a desk to keep it where it is today. We thank you all, without your help we would not be flourishing like we are, recognised not just throughout the Broads.

Now we can see all the Presidents and Commodores proudly displayed at the clubhouse together with room for a further 70 years of Officers. How do you do that, 5 Presidents along with 74 Commodores to date.

With a little bit of thought and tradition, the committee obtained a well-used but now redundant Norfolk One Design Dinghy Rudder (kindly donated by Sam at the Boat Yard) and which was previously used at the club. (More on the rudder history, in a further addition).

With a plan it was off to the clubs Engraver David Gray, David has for many years engraved all our trophies and presentations, he is a craftsman whose care and attention to detail and consistency over the years is second to none.



What next, the easy way is have a look at the photos, working from the top, the Brass tiller housing proudly identifies our club '**Coldham Hall Sailing Club**' the top section now bears a bronze plate with the clubs 5 Presidents, the large blade area 74 Commodores.





At the Club Regatta, past Commodores (maybe a flotilla of Commodores) were invited to be present along with Kim Hickman to Unveil the Rudder which was covered in a spinnaker.



The

committee are arranging for a traditional brass Pintail & Gudgeon so our Honorary members Board will be clearly displayed.

Room for more, yes once one side of the plaque is full we start on the reverse.





## Club BBQ Thursday 18<sup>th</sup> July, in the evening. By Judith Robertson

Over the past few years we have come together to enjoy our Club BBQ, traditionally it follows on the Thursday after the last Try Sailing Thursday, it's an opportunity to have a get together, get to know old and new members with a lovely bit of food.

A brilliant turnout for the barbeque (60 including members and friends). This is thanks to Gary who organizes this event at the end of the Try Sailing sessions on a Thursday.

Earlier in the afternoon the weather was great, with sufficient wind for 3 boats from the midweek sailors to take the opportunity to have an afternoon sail. Great to see Tim and Janet in the club Wayfarer sail to Cantley and back with a couple of Yeoman. Thanks to the two Mike's, Dunne and Roll who assisted Gary with the cooking, all timed to perfection everybody eating by 7pm, Mandy sourced the



sausages and beef burgers and rolls,



Gary, Nicki, Mandy and Judith made salads and coleslaw, Liz Hovey made her super delicious cheese straws.



All in all it was a great club and team effort. Thank you all who helped and thank you all who attended, making it the most successful social event of the year.

Social sailing however, continues Thursday evening 6.30pm until the evenings get too short.



## Boats and Bits with Made in Thurlton Tables.

This year Kim Hickman suggested a boats and Bits table with some of her collection of bits husband David had gathered over the years, from mud weight to paddles the odd? bit of rope and fenders there was something for everyone, alongside the table we displayed the new Honours Board. Thank you to Kim for donating the £120 to the club.

### Made in Thurlton.

Shirley Roll well known for her home crafted unique Sail Cloth bags and holdalls along with a few trinkets on display, follow her web page at [madeinthurlton@btinternet.com](mailto:madeinthurlton@btinternet.com)



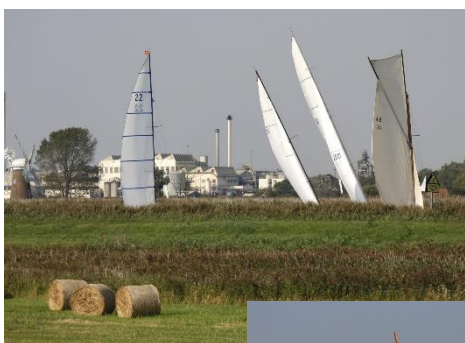
## Yare Navigation Race 2024 Appeal for assistance

This year's YNR is on Saturday 14<sup>th</sup> September 2024. Coldham Hall Sailing Club will be hosting this spectacular annual event on the River Yare as such we are asking for volunteers to make this year's event a continuing triumph for the Club.

If you can help in offering your services, please speak to YNR Committee member Commodore Gary, who is coordinating Marshalls email [corbett01@btconnect.com](mailto:corbett01@btconnect.com)

Duties include: (Morning and afternoon shifts).

- Taking entries in the Clubhouse & Runners to start box. (Morning duty).
- Start box officials including finishers.
- Bank Marshalls/Timers at Reedham Village, ADB Marine and crew for the Guard boat at the turning buoy on Breydon.



This amazing event relies on our volunteer member's involvement, the YNR Committee and race entrants would like to thank everyone in advance for their efforts.





## Sailing Section

Date	Allcomer Race Series	Cruiser Race	1 <sup>st</sup> Officer	2 <sup>nd</sup> Officer	3 <sup>rd</sup> Officer
August 4th	Local (9) Yeoman Downriver (5)		I Barker	T Quayle	R Alger
August 11th	Downriver (8) Picnic Race	RCC(7)		D Warner	D Nunns
August 18th	Local (10) Yeoman Downriver (6)			T Duddle	P Parravani
August 25th	Downriver (9)		A Sach	T Moore	J Moore

### Club Regatta Sunday 7<sup>th</sup> July

Improved weather condition with a forecasted light breeze brought regular members to the club for our in-house regatta, just for members, fortunately the light breeze filled in for some enjoyable sailing. The Officers of the Day were the Commodore Gary, able assisted by Dave Greenacre with Stephen Lock managing the laying of buoys and safety boat. The OOD's were conscious of the forecasted heavy showers later in the day so got things underway timely.

Just one river cruiser came to the line for the morning 1020am start, Glory competing against herself; we understand Colin and crew had a lovely run downriver and return. No trophies awarded this year.

The mixed fleet asked for either crew to be at the helm throughout the series and this was agreed.



The wind was light from the south west, the course was set for a downriver start to buoy 1 with a starboard rounding, then the tricky bit a beat back up river past the start box to round buoy 2 to starboard, continuing upriver to buoy 3 to port, followed by buoy 2 (for a second time) to port. All helms were advised to look carefully at the race board.

As we had 11 mixed boats coming to the line, a strong request for a split start was agreed. The first half of the fleet consisted of three dinghies and two Yeomen's, five minutes later the remaining 6 Yeoman's setting off.

Yes boats on occasions passed buoy 2 from both directions, with the light winds the OOD deemed it safe and it was, just the odd sailing moan could be heard, not by the winner! First 3 boats were, Felspar, Diamond Lil, Tara. (Full results on the club web page)



For Race 2 the groups were reversed, the second set starting off first, this would allow for fairness for all over the two races. First two places switching, Honours going to Diamond Lil, Felspar 3<sup>rd</sup> One for the Road.

It was then time for a well earned lunch and coffee break with some wonderful savouries and delightful cake on offer, thank you all who made some lovely cakes and savouries.

No takers for the Novice race so we moved onto the Ladies Champagne Bubbly race which attracted 6 boats to the line over a one lap course, most boats started in the right direction and a tightly fought contest between Jackie Mayfield in 'One for the



Road' and Sandy Watt in 'Diamond Lil'. Jackie taking the chequered flag, well at least the bell to finish first and win the bubbly.

Race 3 was brought forward (still conscious of the darkening clouds), with now 8 boats at the line there was no requirement for the split start, the upriver mark to buoy two was removed owing to the lighting breeze, it was fortuitous soon after the boats were getting away Wherry Maud (got it right this time) appeared from Bargate Dyke, turning downriver, a great sight to see the crew winching up the Black Sail but a large obstacle in the middle of the river for the crews, fortunately she sailed on with no incidents. Of note on completing the second lap with the fleet on the Brundall side of the river a powerful gust came through broaching a number of boats keeping helms and crew on their toes. Places for race 3 Diamond Lil, Felspar and Shibboleth.



Race 4 followed straight on keeping the same course, now with a reduced six boats on the start line, the wind had eased allowing for no sudden incidents, Diamond Lil crossing the line first, followed by Felspar and Shibboleth.

A thank-you to all at the clubhouse who dismantled the Marquee whilst racing continued. Trophies were presented in the clubhouse, after a quick calculation over 4 races 3 of which to count.

**Ladies Race.** Jackie Mayfield.

**Cruiser.** Not sailed.

**Half Deckers,** Diamond Lil, Sandy Watt & dad John Wells.

**Dinghies,** Club 2 Paul Parker & Gill Westwood

**Regatta Tankard,** Diamond Lil, Sandy Watt

A great days sailing and get together enjoyed by all. Thank you to all who took part and contributed in any way.



## Canoe and Paddle Board Section



### Paddle News – July 2024

The paddle members continue to flourish with a mixture of Kayaks, canoes and increasing number of Paddle Boards. If you would like to join us or have a try contact either Clare or Vickie who maybe able to arrange a canoe/kayak/SUP loan for the night.

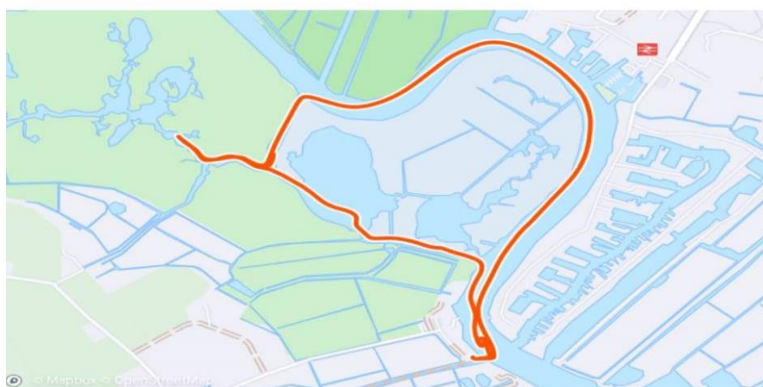
Tuesday evenings continue to prove popular with 20 plus paddling in a group, we follow the tide and the wind to ensure the journey back to the club is with the tide and hopefully the light breeze.

We cannot forget to mention the debrief over a plate of chips, usually cheesy for many and a drink, usually as much or more time than spent on the water.

Tuesday 23<sup>rd</sup> July adventure, 22 paddlers enjoyed the following trip from the clubhouse, onto Bargate, along the dyke, back onto the main river and back to the club, many thanks to Mark

### Evening Kayaking

Distance	Speed	Time
<b>3.65 km</b>	<b>3.5 km/h</b>	<b>1h 19m</b>



One route we like to mention is a trip downriver to Rockland Long Dyke, although the Broads Authority has closed off the Broad for dredging, paddle access is available, when you arrive at the Broad look over to the right beyond the navigation post, paddle along through this section heading along a narrow dyke towards the Private area of Wheatfen, just prior there is a gap on the right which leads into a small open Broad, so peaceful and Otters have been seen in this area, the water is about 3-4 feet deep, so peaceful but please take a buddy, don't paddle alone.

### The Broads on a budget: paddleboarding in Britain's largest protected wetland

We have heard of 'glamping' and walking holidays in Norfolk, how about a Paddle board experience

recently published in the Guardian, the writer headed to Norfolk on a train to experience a part of the Broads 124 mile network focusing on the Bure.

Starting off at Coltishall and following the river finished a couple of days later at Acle, it's certainly worth a read over a coffee or set yourself up for the challenge. Make sure you pick your tides.

Full story at

<https://amp.theguardian.com/travel/article/2024/jul/14/paddleboarding-norfolk-broads-national-park-britains-largest-protected-wetland>



## Life Jackets & Buoyancy Aids

**We may have covered Lifejackets before; it's always good to have a refresher on this important subject.**

### Things you need to know about lifejackets

As boaters we know that lifejackets are essential for your safety on the water. Research shows that lifejackets drastically improve survival rates by up to four times when immersed in cold water. They also help keep you safe and afloat in situations where you may need rescuing.

### Lifejackets or buoyancy aids - what's the difference?

A buoyancy aid requires the wearer to be able to swim, or continuously move, to help keep them afloat and keep their face above water.

Buoyancy aids are usually best suited for personal watercraft (PWC), dinghies, windsurfing, canoeing and generally for activities where the wearer might reasonably expect to end up in the water on a regular basis. They have the advantage that they do not require an inflation device and apart from needing to dry out are instantly reusable without further maintenance.



A lifejacket provides face-up in water support, even if you are unconscious, by turning you over so you can breathe. In general these are more suited to use in half-decker's, keel boats or cruisers where you would only expect to go in the water accidentally. They usually have automatic inflation devices (sometimes manual) and are fitted with a whistle, lifting loop and retroreflective material. For offshore use they usually are fitted with crotch straps, harness, a light and sprayhood. Lifejackets are normally for one off use only and require repacking once activated and regular servicing.



### What do the levels of buoyancy mean?



Buoyancy aids and lifejackets have different levels of buoyancy to ensure safety on the water. There are four main buoyancy levels: 50, 100, 150 and 275. They also have recommended weight limits and chest sizes for their intended user so it is important to read the label to ensure that the one you chose can support your weight. Remember also that if you are wearing a lot of thick clothes when you 'go in' the wet clothes will increase your weight considerably. What may be suitable in the height of summer with T shirt and shorts may not be suitable in the middle of winter with waterproofs and warm clothing on.

In general terms though, Level 50 is a buoyancy aid designed for when help is close at hand whereas Level 150 is a general-purpose lifejacket more suited to offshore cruising and motor boating.

### Do I need to professionally service my lifejacket?

For recreational boaters, there's no legal requirement to get your lifejacket serviced. However, lifejacket manufacturers do recommend their products be serviced annually by a professional at an approved service center.

Throughout the season you should regularly check the lifejacket/buoyancy aid for signs of damage to the cover, the webbing straps, stitching, clips, and buckles.

If using an inflatable life jacket you should also ensure that any 'life' parts (e.g. gas bottle) are in date and regularly check to confirm that the inflation cylinder has not been discharged and that it's fitted properly (tightly screwed in as they do come loose) If you are concerned, replace the parts or get it looked at professionally before using it.

To clean your buoyancy aid/lifejacket, after use, rinse with a damp clean cloth, nobody wants to use a musty lifejacket! Once clean, dry out of direct sunlight. Lifejackets should be stowed completely dry, somewhere cool, and dark.

## Lifejackets for children- what do I need to consider?

A Lifejacket of the correct size, not a buoyancy aid, is recommended for young children, toddlers, and babies to support the head and keep them facing upwards in the water. Size is important to ensure that the child does not slip out of the jacket whilst in the water. Never fit an adult sized lifejacket to a young child. If in doubt research or seek guidance. Any older child wearing a buoyancy aid should be a confident swimmer.

## When to put them on?

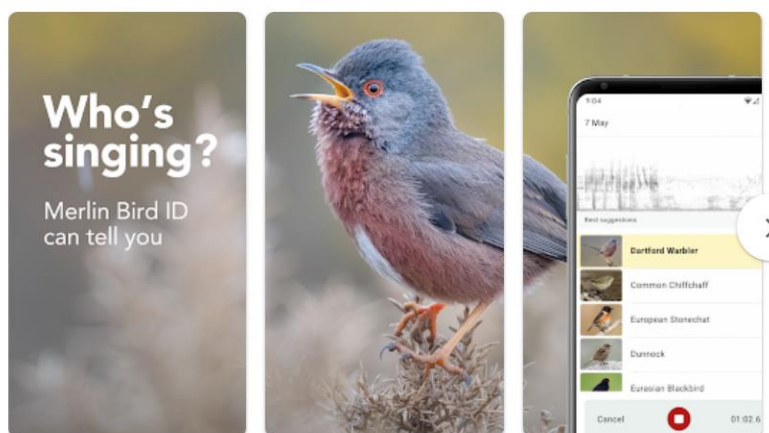
On land prior to approaching your craft, many people fall in from the quay heading/bank, whilst getting on and off their craft. Young children should wear their lifejackets at all times when close to the water edge. It can be tempting to put off wearing your life jacket/buoyancy aid until on the water and on a sunny calm day just chuck it in the boat in case the weather changes. Don't forget though, weather can change and sometimes quite quickly, will you have the time to put it on?. For top tips watch the short video at [https://youtu.be/T4v\\_D8jC4Uk](https://youtu.be/T4v_D8jC4Uk).

For club sailing if the officer of the day (OOD) decides it is a requirement to race and displays the Y flag then you wear one, otherwise you're likely to be disqualified.

We ask anyone paddling at CHSC to wear a Buoyancy aid for their own safety and for others.



## Sitting in the Garden with a bird calling over head.



Reminded me of a very useful bird identification App identifying what you hear, just from their call.

On this occasion I was happy it was a Common Buzzard then again we're not far from the river could it have been a Marsh Harrier, or even a Kite.

Get the phone out open the Merlin Bird ID App and press record, as I heard the bird call the phone identified a Common Buzzard. Easy.

Look a bit further into the App it contains 1382 Bird Identifications throughout the World, at home on the Broads when you hear that Warbler or a Kingfisher to exotic birds on holiday it's worth having with you.

The App cost's nothing to download from The Cornell Lab, just don't sign up for anything, choose your country and just push record. The App identifies a different bird each day and give information on many, did you know there are 20 varieties of Cuckoo, give it a try.

[https://play.google.com/store/search?q=merlin+bird+app&c=apps&hl=en\\_GB](https://play.google.com/store/search?q=merlin+bird+app&c=apps&hl=en_GB)

Also available at Apple.



## Club Notices

### Swimming and diving from Club Premises.



Members are again reminded that club by-laws prohibit swimming from any part of club premises. This is for your safety as the water is tidal, which can be strong at times and with underwater currents. Also, there are a number of surface and hidden underwater dangers and obstructions. Dangers include moving/maneuvering boats, underwater ropes, mooring chains and metal weights as well as broken concrete slabs below the water line at the end of the slipway.



Additionally, the water quality cannot be guaranteed due to unplanned discharges from the upstream Trowse/Whitlingham Sewage works into the River Yare which could lead to serious illness if ingested.

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### Club Pontoons and moored boats

Members are also requested not to allow children to run along the pontoons or to climb onto moored boats. These are free floating pontoons which can be both slippery when wet and unstable causing falls into the water between moored boats or other injuries. Running and jumping on the pontoons can also cause the pontoon fixings to be damaged and can cause damage to the boats moored to the pontoons. Non-members are reminded that the Pontoons and slipway areas are Private property.

All members are invited to submit articles, photographs, comments, items for sale or anything they feel suitable to be considered for publication. Email to Gary Corbett [corbett01@btconnect.com](mailto:corbett01@btconnect.com) or Dave Durrant [davidkdurrant@yahoo.co.uk](mailto:davidkdurrant@yahoo.co.uk) The editors reserve the right to delay publication or amend/reformat/correct submissions as deemed appropriate.