COLDHAM HALL SAILING CLUB

YARE NAVIGATION RACE (YNR) 5th SEPTEMBER 2026

SAILING INSTRUCTIONS and RACE INFORMATION

1. RULES

1.1 The Race shall take place under the Racing Rules of Sailing (RRS), the prescriptions of the RYA and these Sailing Instructions.

1.2 River Cruiser Class (RCC) Rule 22, which defines the hull to include a bowsprit for the purposes of the Definitions Start and Finish, and some rules of the Racing Rules of Sailing, shall apply to all competing yachts.

1.3 Competing yachts shall conform to the By-Laws of the Broads Authority when non-competing craft are encountered.

1.4 Competing yachts navigating after sunset shall display navigation lights, as specified by the By-Laws of the Broads Authority. Sunset on September 5th, 2026, is at 19.32. Competing yachts failing to display lights after this time shall not be timed in.

2. CONDITIONS OF ENTRY

2.1 Entry is restricted to Traditional Broads Sailing Cruisers. The Race Committee reserves the right to refuse entry.

2.2 Yachts must have a current River Licence.

2.3 Yachts must have a nominated Skipper though he/she need not be the Helm.

2.4 All Yachts are limited to using a mainsail, foresail or foresails that can be used on all points of sailing, and topsail where appropriate. The use of spinnakers when racing is prohibited.

2.5 Yachts registered with the RCC shall race under their sail numbers. Others will be allocated a race number on acceptance of their entries. Owners shall ensure that this number is in black numerals not less than 10” high and 2” wide on boards with a yellow background, such boards to be displayed on both port and starboard sides of hull or shrouds. Yachts with illegible numbers may miss being recorded and timed during the race.

2.6 a) The handicaps of competing yachts, as determined by the RCC, shall be published in the Race Programme, available on the day before the Race.

b) Yachts with a provisional RCC handicap may enter the race and shall be timed but shall not be given a position.

c) Yachts not conforming to RRC construction rules, or that conform to the RCC rules but are not registered with the RCC, shall be allocated a provisional handicap by the YNR Committee and may enter the race and shall be timed, but shall not be given a position.

2.7 Competitors shall ensure that they have adequate insurance cover both for the Race, and while they are at moorings at Coldham Hall Tavern, Coldham Hall Sailing Club, or other moorings before during or after the race. £2.0 million cover is considered a minimum.

3. RISK STATEMENT

3.1 Rule 3 of the Racing Rules of Sailing states: 'The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.' Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

(a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event.

(b) They are responsible for the safety of themselves, their crew, their boat, and their other property whether afloat or ashore.

(c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.

(d) Their boat is in good order, equipped to sail in the event and with a crew of the quality and quantity needed for the event.

(e) The provision of a race management team, other officials and volunteers by the event organizer does not relieve them of their own responsibilities.

3.2 Flag Y, displayed from the Start Box, means that rule 40.1, Personal Flotation Devices, applies, to require competitors to wear a personal flotation device while racing. See also RRS Fundamental Rule 1.2.

4. COURSE INSTRUCTIONS

4.1 The course will be from the starting line at Coldham Hall Sailing Club to a Target Buoy marked 'YNR', downstream and return to the finish line that is the same as the starting line. The Committee shall confirm the expected position of the Target Buoy on Breydon at least 24 hours before the first start.

4.2 Yachts shall round the Target Buoy either to port (Red Flag) or to starboard (Green Flag) as indicated on the Buoy.

5. STARTS

5.1 The Starting Zone at Coldham Hall lies from the Start Line and to the east of the eastward dyke to Surlingham (Bargate) Broad. Yachts must not enter this Zone until within 15 minutes of their nominated start time except in direct passage from their moorings.

5.2 The Starting Line shall lie between the flag post on the Start Box and the white post surmounted by a yellow triangle on the opposite bank.

5.3 Starts shall be available from 08.30 hours and at fifteen-minute intervals thereafter.

5.4 The first warning signal (RCC flag with one sound signal) will be made at 08:20 hours. Preparatory signal (flag P with one sound signal) at 08:25 hours and the start (removal of the flags with one sound signal) will be at 08:30 hours. Further starts will be made using the same intervals and signals every 15 minutes until all boats have started.

5.5 Each Skipper shall choose his own starting time, indicate this time on the starting time slip available in the Clubhouse on the day, and hand it at least 15 minutes before the chosen start time, to the Clubhouse Officials. All start nominations will be kept confidential, but Skippers may be told the number of Yachts that have currently nominated for any particular start. Nominations will be refused if seven Yachts have already selected the same time, and the Race Committee may close nominations for the same time at any number if conditions demand. Accepted nominations cannot be withdrawn, notwithstanding the provisions of 7.3.

5.6 Yachts waiting to start the race must nominate their start time to officials in the Clubhouse by 12:00 hours.

5.7 The Finishing Line is either the Start Line or a manned position against the river on the return leg to Coldham Hall, which will be indicated by a post or an Official Boat flying the YNR flag (a Yellow Y on a Red background) and the International Code Flag S.

5.8 No Yacht shall be timed in after 20.30 hours.

6. CHANGING THE FIRST LEG

6.1 The Race Committee may change the location of the Target Buoy, and/or the side on which it is to be rounded, before the first warning signal of the event and/or while some or all Yachts are racing, but before any Yacht has rounded it, and more than once if necessary, to either:
(a) between Pokey's Mill and Berney Arms or
(b) upriver of Reedham Swing Bridge.

6.2 A change of position of the Target Buoy (but not its required rounding side) shall be notified:
(a) to boats not yet racing
(i) by displaying flag C from the starter's box and

(ii) orally or by a notice at the Club House stating the new position

(b) to all boats, by a race committee vessel stationed near the new position displaying flag C with repetitive sounds.

If the new position is downriver of Reedham Bridge, the race committee at the first Guard Point at the Bridge may also attempt to notify the change orally.

6.3 Note 6.1 and 6.2 replace RRS 33.

7. SHORTENED COURSE

7.1 The Race Committee may shorten the return leg of the course, in which case the finishing- line shall be signified by a post or official boat flying the YNR flag (a Yellow "Y" on a Red Background) and the International Code Flag S (see 5.7).

7.2 The likely positions for the finish of a shortened course are: - The timing position, downriver of Reedham Swing Bridge, or Reedham Ferry, or Langley Dyke or Beauchamp Arms

7.3 In the event of the course being shortened, any boats not then racing must nominate or re-nominate their start time to occur within one hour of the declaration of the shortened course.

8. REEDHAM SWING BRIDGE (the bridge)

8.1 If the course continues below Reedham Bridge on outward and homeward legs, each yacht will enter a timed-out section of the race when it passes a Guard Point located before the bridge. The Guard Point is marked on one bank by a post flying the YNR flag (a yellow" Y" on a red background). A sound signal will be made. Having passed through the bridge, the yacht will exit the timed-out section as it passes the second Guard Point, which is marked in the same way, and a sound signal will be made.

If at the start of the event, the bridge is not able to open or close, the target buoy shall be laid upstream of it. Please note that the Railway Authority has complete control over when the bridge when and if the bridge opens and closes.

An official boat, displaying a YNR flag, will be in the vicinity of the bridge to offer assistance on a 'first come, first served' basis through the bridge if a course is set beyond it.

8.2 Yachts shall obey instructions from Race Officials at the Guard Points or on the bank.

8.3 If the bridge is open, yachts shall proceed and re-join the race without unnecessary delay.

8.4 If the bridge is closed, yachts shall keep clear of the Guard Points until the bridge opens, when they shall pass through and rejoin the race without unnecessary delay.

8.5 When in the timed-out section of the race, yachts shall not lower their masts or alter their rig.

8.6 Yachts shall not attempt to pass through the bridge if:

i) The bridge starts to close.

ii) Instructed not to do so by the Guard Point, a Race Official or The Bridge Official.
iii) The bridge is closed.

8.7 When in the timed-out section of the race, engines, quants, and other means of propulsion (including the acceptance of a tow, if offered) may be used until the yacht is within three boat lengths of the second Guard Point. Other than by wind, the over-the- ground speed limit under propulsion is 5mph.

9. PENALTIES IN THE EVENT OF AN INFRINGEMENT

9.1 RRS 44.1 Taking a Penalty and RRS 44.2, One-Turn and Two Turns Penalties, shall not apply. Instead, a Yacht may accept a time penalty to be added to her elapsed time, of one minute if while racing she may have broken RRS 31, Touching a Mark, or of two minutes if she may have broken one or more rules of Part 2 in an incident.

9.2 Notwithstanding 9.1, if a Yacht causes injury or serious damage or, despite taking a penalty, gains a significant advantage in the race by the infringement, it shall retire.

9.3 A yacht taking a time penalty shall display a green flag until it finishes, when it shall notify the race committee at the Clubhouse.

10. RUNNING AGROUND

10. Yachts running aground may quant off without penalty. Yachts accepting external assistance (other than during a time-out at Reedham Bridge) shall retire. Use of auxiliary engines is classed as external assistance.

11. PROTESTS

11.1 The Protest Committee shall consider protests provided they are lodged with the Committee at the Clubhouse within 45 minutes after the protesting Yacht has completed the Race or returned to Coldham Hall Sailing Club

11.2 Protest Forms shall be available at the finish line and at Coldham Hall Sailing Club.

12. RETIREMENT

12. Any Yacht that retires from the Race shall advise a Race Official as soon as possible (the telephone numbers of the Officer of the Day or other officials will be found in the Race Programme.)

13. NON-STARTERS

13. If, you decide not to come to Coldham Hall for the race, please email sambrown.consultancy@hotmail.com or telephone 07825 273945 to inform that you will not start. If on the day you arrive and then decide not to start, please inform the officials in the clubhouse.

INFORMATION

1. TROPHIES

The following Trophies will be awarded and be retained for one year:

The YNR Trophy	Overall winner on handicap
The Wilberforce Smith Trophy	Boats of -11% handicap and slower
The Jeckells Trophy	Boats of -6% to -10% handicap
The Starlight Lady Trophy	Boats of -5% handicap and faster
Moonraker Trophy	Fastest elapsed time
Breeze Trophy	Longest elapsed time
Young Helms Trophy	Best performance by a helm under 30, on handicap
John Ellis Memorial Trophy	First local boat on corrected time

All trophies shall remain the property of Coldham Hall Sailing Club and shall be returned each year prior to the next YNR or on demand.

To qualify for the Young Helms Trophy the helm should be under 30 years of age and steer for at least 75% of the course distance.

Each Trophy Winner, apart from the Breeze Trophy and Young Helms Trophy, will be awarded a special Race Pennant for use on only that Yacht. Likewise, and with the same exception, the first, second and third yachts will be presented with engraved, polished brass plaques.

2. EMERGENCY TELEPHONE NUMBER 07825 273945

3. HIGH WATER AT COLDHAM HALL SAILING CLUB, SEPT 5th, 2026 – 07:07 hours

4. SUNSET - 19.32 hours

5. OFFICIAL MOTORBOAT and TIMING POINTS

Identified by a flag with a Yellow "Y" on a red background.

6. FREE MOORINGS - at Coldham Hall Tavern

These will be available from 4th September after 4.00 pm until 10 am on Friday 11th September. Book directly with the Tavern bookings@coldhamhall.com. Please leave boat's name and contact details of the owner with the Tavern. In this period, boats should moor stern-on in the stretch up-river of the club moorings. Before and after this period, moorings will be charged at £10 per day, fully redeemable in Coldham Hall Tavern.

If you require a mooring until 13th September for the Cecila Howard Memorial Race, please ensure you are on a club mooring in front of the sailing club.

7. NON- COMPETING CRAFT

In order maximise the space available on the quayside for competing yachts, please do not moor other vessels at the Tavern: Please find moorings elsewhere,

8. RUBBISH BAGS

These will be made available; please use them and place them by the side of the clubhouse. Do not use the Tavern's waste bins.

9. TOILETS

These are located are in the CHSC clubhouse and near to the start-box. Those within the Tavern should not be used other than by Patrons.

10. ITEMS NOT TAKEN WHEN RACING

In the past, items have been left on the bank by the moorings. The Tavern considers that these may be a hazard to anyone using the footpath by the river. Please leave your items in the sailing club's dinghy park.

11. CAR PARKING

Please park in the sailing club's car park.

12. FOOD

Dinner on YNR day will be available from 5pm to 9.00 pm at Coldham Hall Tavern and will be a YNR specific menu in addition to the normal pub menu. Please liaise directly with the Tavern about breakfast on the day of the race, Saturday 5th September.

13. OWN FOOD AND DRINKS

The Tavern wishes to remind everyone that only food and drink purchased in the Tavern should be consumed in the Tavern and the Tavern's gardens or outside areas.